

Unit Outline (Higher Education)

Institute / School:	Institute of Education, Arts & Community
Unit Title:	THE SPORT, PHYSICAL AND OUTDOOR EDUCATION SECTORS
Unit ID:	SHPOE2100
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	OEEDU3400
ASCED:	079999

Description of the Unit:

This unit is designed to provide students with an in-depth exploration of the sport, physical and outdoor education sectors. Students will engage in learning activities designed to enhance their understanding of the skills, standards and qualifications required in the sport, physical and outdoor education sectors. Building on this understanding, students will be challenged to think critically about their own professional skills within a selected focus area and identify areas for further development. Students will practically apply this knowledge by developing an individualised resume, detailed logbooks of work experiences, and participating in mock interviews. In this unit, students undertake 20 days of placement. Through analysis of placement experiences, students will examine key elements of a selected focus area, including program delivery, learning outcomes, program philosophy, regulatory standards, and sector-specific qualifications. This unit emphasizes critical self-assessment, effective communication, and evidence-based reporting, aiming to prepare students for successful careers in the sport, health, physical education and outdoor education sectors.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

Student is undertaking work experience in industry where learning and performance is not directed by the provider, but support is received from the provider. Fees (provider may charge a student contribution amount or tuition fee).

Placement Component: Yes

Supplementary Assessment: No

Supplementary assessment is not available to students who gain a fail in this Unit.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	✓	■	■	■
Advanced	■	■	■	■	■	■

Learning Outcomes:

Knowledge:

- K1.** Identify the skills, regulatory standards and qualifications required to become a professional in the sport, health, physical and outdoor education sectors.
- K2.** Identify the professional competencies required within a specific focus area and the implications these have for personal career development.
- K3.** Analyse the industry or sector guidelines, policies and procedures for professional practice in the chosen focus area.
- K4.** Understand the program philosophy(ies) of various programs within a specific focus area.

Skills:

- S1.** Critically evaluate regulatory standards, qualification expectations and skills requirements in a chosen focus area.
- S2.** Demonstrate strong interview skills by communicating qualifications, experiences, and suitability for a specified job role in a selected focus area.
- S3.** Communicate effectively and professionally with work placement staff and external organisations to negotiate a successful workplacement experience.
- S4.** Engage effectively with workplace mentors to gain performance assessment feedback and set professional development goals.
- S5.** Demonstrate effective written and verbal communication skills through the support of relevant evidence from work experiences.

Application of knowledge and skills:

- A1.** Analyse and evaluate the learning outcomes, philosophy and regulatory standards of a specific program and the practical implications for professional practice.
- A2.** Engage in critical self-assessment and reflection to identify strengths and areas for improvement in personal and professional capabilities within a selected focus area.
- A3.** Accurately document professional experiences and skills acquired, showing growth and development in a selected focus area.

Unit Content:

- Considering program delivery, philosophies and learning outcomes of sport, physical and outdoor education programs
- Industry/sector guidelines, policies and procedures
- Examining professional knowledge and skills for delivering sport, physical and outdoor education programs
- Professional logbooks and building relevant experience
- Writing resumes and preparing for interviews
- Critical self-assessment and communication
- Workplace readiness.

FEDTASKS

Federation University Federation recognises that students require key transferable employability skills to prepare them for their future workplace and society. FEDTASKS (**T**ransferable **A**tttributes **S**kills and **K**nowledge) provide a targeted focus on five key transferable Attributes, Skills, and Knowledge that are embedded within curriculum, developed gradually towards successful measures and interlinked with cross-discipline and Co-operative Learning opportunities. *One or more FEDTASK, transferable Attributes, Skills or Knowledge must be evident in the specified learning outcomes and assessment for each FedUni Unit, and all must be directly assessed in each Course.*

FEDTASK attribute and descriptor		Development and acquisition of FEDTASKS in the Unit	
		Learning Outcomes (KSA)	Assessment task (AT#)
FEDTASK 1 Interpersonal	Students will demonstrate the ability to effectively communicate, interact and work with others both individually and in groups. Students will be required to display skills in-person and/or online in: <ul style="list-style-type: none"> • Using effective verbal and non-verbal communication • Listening for meaning and influencing via active listening • Showing empathy for others • Negotiating and demonstrating conflict resolution skills • Working respectfully in cross-cultural and diverse teams. 	S2, S3, S4, S5	AT2, AT3
FEDTASK 2 Leadership	Students will demonstrate the ability to apply professional skills and behaviours in leading others. Students will be required to display skills in: <ul style="list-style-type: none"> • Creating a collegial environment • Showing self-awareness and the ability to self-reflect • Inspiring and convincing others • Making informed decisions • Displaying initiative 	K2, S3, S4, A2, A3	AT1, AT2, AT3
FEDTASK 3 Critical Thinking and Creativity	Students will demonstrate an ability to work in complexity and ambiguity using the imagination to create new ideas. Students will be required to display skills in: <ul style="list-style-type: none"> • Reflecting critically • Evaluating ideas, concepts and information • Considering alternative perspectives to refine ideas • Challenging conventional thinking to clarify concepts • Forming creative solutions in problem solving 	K1, K2, K3, K4, S1, S2, S3, A1, A3, A4,	AT1, AT2
FEDTASK 4 Digital Literacy	Students will demonstrate the ability to work fluently across a range of tools, platforms and applications to achieve a range of tasks. Students will be required to display skills in: <ul style="list-style-type: none"> • Finding, evaluating, managing, curating, organising and sharing digital information • Collating, managing, accessing and using digital data securely • Receiving and responding to messages in a range of digital media • Contributing actively to digital teams and working groups • Participating in and benefiting from digital learning opportunities 	K1, K2, K3, S1, S2, S3, S4, S5	AT1, AT2, AT3

FEDTASK attribute and descriptor		Development and acquisition of FEDTASKS in the Unit	
		Learning Outcomes (KSA)	Assessment task (AT#)
FEDTASK 5 Sustainable and Ethical Mindset	Students will demonstrate the ability to consider and assess the consequences and impact of ideas and actions in enacting ethical and sustainable decisions. Students will be required to display skills in: <ul style="list-style-type: none"> • Making informed judgments that consider the impact of devising solutions in global economic environmental and societal contexts • Committing to social responsibility as a professional and a citizen • Evaluating ethical, socially responsible and/or sustainable challenges and generating and articulating responses • Embracing lifelong, life-wide and life-deep learning to be open to diverse others • Implementing required actions to foster sustainability in their professional and personal life 	K1, K2, K3, S4, A1, A2	AT1, AT 2, AT3

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, K2, K3, K4, S1, A1	Using your placement provider as a case study, examine a particular program, including but not limited to its learning outcomes, program philosophy, regulatory standards and staff qualification and skill requirements. The report must present factual evidence from placement experiences to support responses.	Case Study Report	40-60%
K1, K2, S2, S5, A2, A3	Write a resume, record experiences and conduct an interview, demonstrating your capabilities and identified areas for further development for a specified job role in your selected focus area.	Resume, logbook of experience and interview	40-60%
K2, S3, S4, A2, A3	Participation in 20 days placement with a focus on identifying professional competencies and collating appropriate performance feedback from mentors/supervisors to further develop professional skills.	Participation on placement and performance assessment	S/N

Adopted Reference Style:

APA

 Refer to the [library website](#) for more information

 Fed Cite - [referencing tool](#)